

GenPride

Generations Aging With Pride

...is pleased to announce new classes designed with LGBTQ elders in mind.



Sergio Vazquez ~Zumba



Elizabeth Kovar ~ Yoga & Stretching



Sellyna Ehlers ~ Zumba

~All classes at Century Ballroom ~

915 E. Pine St. Second Floor, Seattle, WA 98122

All classes are **FREE** to LGBTQ elders, their caregivers and allies!!!

Yoga Mondays 2-3pm & Wens. 11:30-12:30	Elizabeth Kovar	<u>Starts March 26th</u>
Zumba: Thursdays 5pm-6pm	Sergio Vazquez	<u>Starts April 5th.</u>
Zumba: Fridays 4:30-5:30pm	Sellyna Ehlers	<u>Starts April 6th.</u>

Walk-ins are welcomed but space is limited to 25 students per class. For more information or to sign up for one or more of our classes, please call **Generations Aging with Pride 206-393-3400.**